SAWASDEE THAILAND

Virtual Summer Program
3-14 AUGUST 2020
Course List

• Introduction to Thailand and Thai Culture
• Characteristics of Thai People
• Everyday Thai Language Skills
• Body– Mind Wellness: Preparing for the Unpredictable
• Introduction to Thai Food
• Thai Cooking Techniques
• Thai Herbs and Traditional Medical Wisdoms
• Thai Society Through Entertainment Media
• Thai Dance and National Costume

Employability Skills Sessions

Systematic Thinking
Self-Awareness and Self Esteem
Intrapersonal Communication

Exclusive Sessions

Exclusive Cultural Exchange with MU students

• Thai Cooking Class
• Thai Dancing
• Meditation Workshop
Teaching methodologies

Recorded chapters
Recorded chapters are the lessons which are recorded before live classes. Recorded online chapters will be posted on 1st August 2020. Please feel free to watch any time before the live classes.

Live classes
All students will meet each other and Please see the detail on the next page.

Group Studies
We are randomly forming groups of 4-5 students mixed with various universities. We recommend you to discuss with your group after classes to exchange opinions and ideas and we request all students to learn Thai language in groups before participating live class in the afternoon of Wednesday 05/08/20

***Note: Certification will be given to the participants who participate the sessions over 80% of this program.
<table>
<thead>
<tr>
<th>Date</th>
<th>Topics</th>
<th>Teaching methodology</th>
</tr>
</thead>
<tbody>
<tr>
<td>MON 03/08</td>
<td>Orientation: Introduction to University/ Course/ Coordinators / Grouping</td>
<td>Morning: Online chapter (30 - 45 Mins.)</td>
</tr>
<tr>
<td>TUE 04/08</td>
<td>Introduction to Thailand</td>
<td>Morning: Live Class (60 Mins.)</td>
</tr>
<tr>
<td></td>
<td>Characteristics of Thai People</td>
<td></td>
</tr>
<tr>
<td>WED 05/08</td>
<td>Everyday Thai Language Skills (Description: The students will start with the recorded chapter and practice in small group in the late morning. In the afternoon the students will practice conversations with instructor)</td>
<td>Morning: 2 Online chapters (30 Mins. / Chapter) Group study (45 Mins.)</td>
</tr>
<tr>
<td>THU 06/08</td>
<td>Thai Society Through Entertainment Media</td>
<td>Morning: Live Exchange Session (60-75 Mins)</td>
</tr>
<tr>
<td>FRI 07/08</td>
<td>Systematic Thinking</td>
<td>Morning: Online chapter (30 - 45 Mins.)</td>
</tr>
<tr>
<td></td>
<td>Body– Mind Wellness: Preparing for the Unpredictable</td>
<td></td>
</tr>
<tr>
<td>Date</td>
<td>Topics</td>
<td>Teaching methodology</td>
</tr>
<tr>
<td>--------</td>
<td>------------------------------------------------------------------------</td>
<td>-----------------------------------------------------------</td>
</tr>
<tr>
<td>MON 10/08</td>
<td>Introduction to Thai Food</td>
<td>Online chapter (30 - 45 Mins.)</td>
</tr>
<tr>
<td>TUE 11/08</td>
<td>Thai Cooking Techniques</td>
<td>Online chapter (30 - 45 Mins.)</td>
</tr>
<tr>
<td></td>
<td>Thai Cooking Class with MU Students</td>
<td>Live Cultural Exchange Session (60-75 Mins.)</td>
</tr>
<tr>
<td>WED 12/08</td>
<td>Thai Herbs and Traditional Medical Wisdoms</td>
<td>Online chapter (30 Mins. / Chapter)</td>
</tr>
<tr>
<td></td>
<td>• Self-Awareness and Self Esteem</td>
<td>Online chapter (20 Mins.)</td>
</tr>
<tr>
<td></td>
<td>• Intrapersonal Communication</td>
<td></td>
</tr>
<tr>
<td>THU 13/08</td>
<td>Thai Dance and National Costume</td>
<td>Online chapter (30 - 45 Mins.)</td>
</tr>
<tr>
<td></td>
<td>Live Cultural Exchange Session (60-75 Mins.)</td>
<td></td>
</tr>
<tr>
<td>FRI 14/08</td>
<td>Program Wrap up and Presentations</td>
<td>Live Discussion (80 Mins.)</td>
</tr>
</tbody>
</table>